

## EnableU North Shore - NDIS, Home Care & Allied Health

Needing Home Care, Aged Care, NDIS or Allied Health services? It just got easier with EnableU North Shore. We specialise in providing high-quality home care, disability and therapy services. Our friendly support workers assist with daily tasks, manage medications, offer companionship and more.Â EnableU is a locally loved, registered and approved provider for Home Care Packages and NDIS services. Our local team is proud to serve the vibrant communities within the local government areas of the Northern Beaches Council, Mosman Council, North Sydney Council, Ku-ring-gai Council, Lane Cove Council, Willoughby City Council and Hornsby Shire Council. Delivered by our local, police checked team. Relax and enjoy peace of mind with professional care. Monday - Friday: 09:00am - 05:00pmÂ Saturday - Sunday: Closed Public Holidays: Closed

📍 105 Springdale Road, East Killara NSW 2071

☎ 1300 358 717

✉ info@enableu.com.au

🏠 <https://enableu.com.au/locations/enableu-north-shore/>

⚖️ Everyday living, Health and wellbeing

### Services provided:

- Disability Support NDIS, High Intensity & Complex Care, 24 Hour Care, Home Care Support, Alzheimer's & Dementia Care, Parkinson's Care, Assistance with Daily Living, Physiotherapy, Occupational Therapy, Nursing

### Location information:

Northern Beaches Council, Mosman Council, North Sydney Council, Ku-ring-gai Council, Lane Cove Council, Willoughby City Council and Hornsby Shire Council areas