

EnableU Sutherland Shire - NDIS, Home Care & Allied Health

EnableU Sutherland Shire provides in-home support, home care, aged care, disability care and allied health services you can rely on. Our local team is proud to serve the vibrant communities within the local government area of the Sutherland Shire Council and its surroundings. Our qualified caregivers bring a helping hand directly to your doorstep, promoting independence and well-being. We offer a range of services including assistance with daily living tasks, support in the community, physiotherapy, occupational therapy and more.Â EnableU is a trusted provider for Home Care Packages and a registered NDIS provider. Our team is multilingual, police-checked and fully qualified to work in our industry. Contact our local team to find out more. Monday - Friday: 09:00am - 05:00pm Saturday - Sunday: Closed Public Holidays: Closed

📍 184 The Esplanade, Sylvania NSW 2224, Australia

☎ 1300 373 535

✉ info@enableu.com.au

🏠 <https://enableu.com.au/locations/enableu-sutherland-shire/>

⚖️ Everyday living, Health and wellbeing

Services provided:

- Disability Support
- NDIS High Intensity & Complex Care
- 24 Hour Care
- Home Care Support
- Alzheimer's & Dementia Care
- Parkinson's Care
- Assistance with Daily Living
- Physiotherapy
- Occupational
- Therapy Nursing

Location information:

Sutherland Shire LGA