

## **Caring: Our Voices**

## **Our Voices**

Author: Victorian Transcultural Mental Health Resource Type: Videos

Victoria Transcultural Mental Health has produced videos of the personal experiences of carers from different Migrant and refugee backgrounds. The videos tell the individual but collective story of the need for culturally sensitive and culturally responsive mental health care and the benefits of seeking support from services and the wider community.

The videos are available in 5 languages with English subtitles Arabic, Dari, Somali, Turkish and Vietnamese

[resources\_link display\_style="button"]