

## What is Dementia?

# About Dementia 01

## What is Dementia?

This resource is available in English as well as other languages. To view and download the resource, please click the language buttons below. The resource will open in a new tab.

**Author:** Dementia Australia

**Language:** English

**Type of resource:** Factsheet

**About this resource:** This factsheet is about dementia and some of its common types. It described early symptoms and the importance of seeing your GP to investigate any changes to memory, thinking or behaviour.

[resources\_link display\_style="button" file\_title="Download"]

This resource is also available in

[button\_link

url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\_arabic.pdf" target="\_blank" title="Arabic" display\_style="blue"] [button\_link

url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\_armenian.pdf" target="\_blank" title="Armenian" display\_style="blue"] [button\_link url="

https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\_assyrian.pdf" target="\_blank" title="Assyrian" display\_style="blue"] [button\_link

url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\_mandarin.pdf" target="\_blank" title="Chinese Simplified" display\_style="blue"] [button\_link

url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\_cantonese.pdf" target="\_blank" title="Chinese Traditional" display\_style="blue"] [button\_link

url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\_croatian.pdf" target="\_blank" title="Croatian" display\_style="blue"] [button\_link

url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\_dutch.pdf" target="\_blank" title="Dutch" display\_style="blue"] [button\_link

url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\_finnish.pdf" target="\_blank" title="Finnish" display\_style="blue"] [button\_link

url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\_german.pdf" target="\_blank" title="German" display\_style="blue"] [button\_link

url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\_greek.pdf" target="\_blank" title="Greek" display\_style="blue"] [button\_link

url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\_hindi.pdf" target="\_blank" title="Hindi" display\_style="blue"] [button\_link

url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\_hungarian.pdf" target="\_blank" title="Hungarian" display\_style="blue"] [button\_link

[www.miaccess.com.au](http://www.miaccess.com.au) | [info@miaccess.com.au](mailto:info@miaccess.com.au)

[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_indonesian.pdf" target="\\_blank" title="Indonesian" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_indonesian.pdf "Indonesian") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_italian.pdf" target="\\_blank" title="Italian" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_italian.pdf "Italian") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_khmer.pdf" target="\\_blank" title="Khmer" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_khmer.pdf "Khmer") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_korean.pdf" target="\\_blank" title="Korean" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_korean.pdf "Korean") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_lao.pdf" target="\\_blank" title="Lao" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_lao.pdf "Lao") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_latvian.pdf" target="\\_blank" title="Latvian" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_latvian.pdf "Latvian") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_macedonian.pdf" target="\\_blank" title="Macedonian" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_macedonian.pdf "Macedonian") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_maltese.pdf" target="\\_blank" title="Maltese" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_maltese.pdf "Maltese") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_nepali.pdf" target="\\_blank" title="Nepali" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_nepali.pdf "Nepali") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_polish.pdf" target="\\_blank" title="Polish" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_polish.pdf "Polish") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_portuguese.pdf" target="\\_blank" title="Portuguese" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_portuguese.pdf "Portuguese") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_punjabi.pdf" target="\\_blank" title="Punjabi" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_punjabi.pdf "Punjabi") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_romanian.pdf" target="\\_blank" title="Romanian" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_romanian.pdf "Romanian") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_russian.pdf" target="\\_blank" title="Russian" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_russian.pdf "Russian") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_serbian.pdf" target="\\_blank" title="Serbian" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_serbian.pdf "Serbian") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_spanish.pdf" target="\\_blank" title="Spanish" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_spanish.pdf "Spanish") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_tagalog.pdf" target="\\_blank" title="Tagalog" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_tagalog.pdf "Tagalog") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_tamil.pdf" target="\\_blank" title="Tamil" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_tamil.pdf "Tamil") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_thai.pdf" target="\\_blank" title="Thai" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_thai.pdf "Thai") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_turkish.pdf" target="\\_blank" title="Turkish" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_turkish.pdf "Turkish") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_ukrainian.pdf" target="\\_blank" title="Ukrainian" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_ukrainian.pdf "Ukrainian") [button\_link  
[url="https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia\\_vietnamese.pdf" target="\\_blank" title="Vietnamese" display\\_style="blue"](https://www.dementia.org.au/sites/default/files/helpsheets/Helpsheet-AboutDementia01-WhatIsDementia_vietnamese.pdf "Vietnamese")]