A good life â needs and dreams. Workbook 1

Workbook 1

What will bring me a good life? What are my needs and dreams?

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Author: Council for Intellectual Disability (CID)
Language: English
Type of resource: Booklet
About this resource: This workbook has been developed by the Council for Intellectual Disability and provides exercises to help you identify how your life could be better. It encourages you to think about different needs or dreams that you have for your life, which the NDIS can support you to achieve. It is the first workbook in the series, A Good Life.

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