

A good life â needs and dreams. Workbook 1

Workbook 1

What will bring me a good life?

What are my needs and dreams?

This resource is available in English as well as other languages. To view and download this resource, please click the language button below. The resource will open in a new tab.

Author: Council for Intellectual Disability (CID)

Language: English

Type of resource: Booklet

About this resource: This workbook has been developed by the Council for Intellectual Disability and provides exercises to help you identify how your life could be better. It encourages you to think about different needs or dreams that you have for your life, which the NDIS can support you to achieve. It is the first workbook in the series, A Good Life.

[resources_link display_style="button"]

This resource is also available in

[button_link url="https://cid.org.au/wp-content/uploads/2020/02/workbook-1-arabic.pdf" target="_blank" title="Arabic" display_style="blue"]Â [button_link url="https://cid.org.au/wp-content/uploads/2017/01/workbook-1-simplified-chinese.pdf" target="_blank" title="Chinese Simplified" display_style="blue"]Â [button_link url="https://cid.org.au/wp-content/uploads/2020/02/workbook-1-traditional-chinese.pdf" target="_blank" title="Chinese Traditional" display_style="blue"] [button_link url="https://cid.org.au/wp-content/uploads/2020/02/My-Choice-Matters-workbook-1-vietnamese.pdf" target="_blank" title="Vietnamese" display_style="blue"]