

## Disability and discrimination - Fighting the Stigma (video Croatian/English)

# Disability and Discrimination

## Fighting the stigma on mental illness

**Author:** Centre for Culture, Ethnicity and Health

**Language:** Croatian and English

**Type of resource:** Video

**About this resource:** This video explores the shame and stigma around mental illness in the Croatian community. It provides examples of cultural perceptions and how they shapes attitudes to and treatment of people with disabilities. It also highlights how important it is to openly talk about disability and mental health and seek help and support.

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