

## Healthstin - Hurstville

Healthstin is an Allied Health Clinic at the Hurstville Aquatic Leisure Centre. Healthstin is a team of friendly health professionals that support people in Hurstville and nearby areas. Healthstin work with people with disabilities, older adults needing aged care, anyone recovering from injuries, workers getting back to their jobs, and active people wanting to stay fit.

📍 Hurstville Aquatic Leisure Centre, King Georges Rd & Forest Rd, Hurstville NSW 2220

☎ 1300 090 931

✉ [info@healthstin.com.au](mailto:info@healthstin.com.au)

🏠 <https://www.healthstin.com.au/hurstville/>

⚖ Health and wellbeing

### Language:

- Arabic
- Cantonese
- Mandarin

### Services provided:

- Exercise physiology
- Physiotherapy
- Remedial massage therapy
- Hydrotherapy
- Home visits

### Location information:

Greater Sydney Region