

## Healthstin - Sans Souci

The team of Allied Health Practitioners at Healthstin Sans Souci are ready to help people move better every day. They support people with disabilities, seniors, patients returning to work, those recovering from injuries, and anyone wanting to improve their health and wellbeing.

📍 Sans Souci Leisure Centre, 521 Rocky Point Rd, Sans Souci NSW 2219

☎ 1300 090 931

✉ hello@healthstin.com.au

🏠 <https://www.healthstin.com.au/sans-souci/>

⚖️ Health and wellbeing

### Language:

- Arabic
- Cantonese
- Mandarin

### Services provided:

- Exercise physiology
- Physiotherapy
- Remedial massage therapy
- Hydrotherapy
- Home visits

### Location information:

Sans Souci NSW